

## Permit Conditions for Tritium Bioassay and Effluent Monitoring

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### Background

Permit Holders requesting the use of milliCurie quantities of hydrogen-3 (tritium) must take special care to prevent the release of tritium to the environment and to prevent its accidental ingestion or inhalation.

This document describes the procedures that must be accomplished for obtaining a bioassay for tritium intake and for monitoring effluent releases.

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**Policy****A tritium bioassay is required:**

<b>If the operation is conducted in a ...</b>	<b>And the activity of volatile H-3 exceeds:</b>
Open room or on a laboratory benchtop	100 mCi
Fume hood of adequate face velocity	1,000 mCi

**An individual's urine must be evaluated for tritium content:**

- No earlier than 24 hours after the use, and
  - No later than 72 hours after the use.
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**Limits  
on Uptake**

This table shows the limits on concentration of hydrogen-3 in urine.

<b>Criteria</b>	<b>Limit</b>
Weekly Limit for Whole Body Uptake	$2 \times 10^{-3} \mu\text{Ci} / \text{ml}$
Permit Holder Investigation Level	$6 \times 10^{-4} \mu\text{Ci} / \text{ml}$
Radiation Safety Staff Notification Level	$2 \times 10^{-4} \mu\text{Ci} / \text{ml}$

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**Effluent Limits to  
Unrestricted Areas**

The concentration of hydrogen-3 released to unrestricted areas can not exceed an average of  $1 \times 10^{-7} \mu\text{Ci} / \text{ml}$ .

This value can be averaged over a period of time that exceeds the actual time of the operation. It is RSS policy to limit the time to 8 hours. Additional time can be allowed upon approval of the RSS.

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**General  
Precautions**

All procedures involving milliCurie quantities of tritium (where the tritium compound is or could become volatile) must be conducted in a properly operating chemical fume hood. This includes:

- Opening of packages;
- Dilution of stock solutions; and
- Chemical procedures.

Individuals handling tritium compounds shall wear a lab coat and protective gloves.

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<b>Bioassay Collection Method</b>	Each individual requiring a bioassay shall collect, handle, and count their own samples. This shall be done by collecting all of the urine in a single urination-void, withdrawing a 1-10 ml sample and discarding the remainder.										
<b>Effluent Air Collection Method</b>	When sampling effluent air for hydrogen-3, the air sample should be passed through a cold trap (such as acetone/dry ice) to remove the water vapor from the air stream. This assumes that the tritium is in the form of tritiated water. If a different chemical compound is known to be released, special chemical or physical filters must be used.										
<b>Sample Preparation</b>	<p>No specific sample preparation is required. Low potassium glass or plastic vials should be used to minimize background counts. The sample vials should be allowed to dark adapt in the scintillation counter for one hour prior to counting to minimize fluorescence.</p> <p>The RSS must review and approve each sample preparation and analysis procedure used for tritium bioassay.</p>										
<b>Instrument Calibration</b>	<p>Portable survey instruments are inappropriate for monitoring the weak beta particle emitted by hydrogen-3.</p> <p>A liquid scintillation counter is adequate for counting contamination wipes and bioassay samples. This counter should be calibrated on an annual basis using National Institute of Standards and Technology (NIST) traceable standards.</p>										
<b>Formula for Determining Concentration</b>	<p>The concentration of tritium in the sample in units of <math>\mu\text{Ci} / \text{ml}</math> can be calculated using the following formula:</p> $\text{Concentration} = [ C_s - C_b ] / [ ( 2.22 \times 10^6 ) E V ]$ <p>where:</p> <table> <tr> <td><math>C_s</math></td><td>= Gross sample counts per minute</td></tr> <tr> <td><math>C_b</math></td><td>= Background counts per minute</td></tr> <tr> <td><math>E</math></td><td>= Counting efficiency for tritium</td></tr> <tr> <td><math>V</math></td><td>= Volume of sample</td></tr> <tr> <td><math>2.22 \times 10^6</math></td><td>= DPM per <math>\mu\text{Ci}</math></td></tr> </table>	$C_s$	= Gross sample counts per minute	$C_b$	= Background counts per minute	$E$	= Counting efficiency for tritium	$V$	= Volume of sample	$2.22 \times 10^6$	= DPM per $\mu\text{Ci}$
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$V$	= Volume of sample										
$2.22 \times 10^6$	= DPM per $\mu\text{Ci}$										

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**Formula for  
Determining  
Minimum  
Detectable  
Activity**

The minimum detectable activity for the counter in units of  $\mu\text{Ci} / \text{ml}$  can be calculated using the following formula:

$$\text{MDA} = \{ [ 2.71 / T ] + 4.65(R_b T)^{1/2} \} / [ ( 2.22 \times 10^6 ) E V ]$$

where:

$R_b$	= Background count rate
$T$	= Counting time
$E$	= Counting efficiency for tritium
$V$	= Volume of sample
$2.22 \times 10^6$	= DPM per $\mu\text{Ci}$

The calculated MDA must be lower than the limits on uptake or the effluent limits or the counting procedure is not valid.

Additional information on calculating minimum detectable activity can be found in the Radiation Safety Staff's Technical Bulletin titled "Determining Lower Limit of Detection (LLD) and Minimum Detectable Activity (MDA) for Radiation Measurements".

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**Records Retention**

The following worksheet is used in this program:

- Tritium Bioassay Worksheet (RSS-40)

This worksheet must be retained by the facility LRPO for three years. Copies must be submitted to the RSS for review.

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**Using Program  
Forms and  
Worksheets**

The forms and worksheets used with this document provide the basis for an individual to document the surveys and assessments performed.

All of the worksheets describe the policy that must be met for radiation safety surveys and include the minimum amount of information needed to provide traceability and repeatability of the measurements, if needed.

The procedures section assures that the proper calculations have been performed.

Upon receipt of the forms by the RSS, the calculations are entered into a spreadsheet to verify the calculations.

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**Questions**

If there are any questions regarding the information in this document, contact:

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Approved:

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